



Plaza Heights Christian Academy 2026-2027 Dress Code

Plaza Heights Christian Academy | 1500 SW Clark Road | Blue Springs, MO | 816.228.0670

At Plaza Heights Christian Academy, we recognize that appearance does not conclusively reflect a person's spiritual condition and that no dress code is perfect.

However, clothing and appearance have an influence on attitude, behavior, and schoolwork.

As in every area of our lives, clothing, and the way we wear it, should represent our

desire to please God and honor Him. The following dress code is set forth in the interest of modesty as well as our desire to provide ease of interpretation, compliance, and enforcement.

It is the parents' responsibility to ensure that their students are in complete compliance with the school's dress code standards. Students who violate the dress code will be given the option to adjust their clothing, change, or even be given an alternative piece of clothing to wear for the day. Students out of dress code will not be able to return to class until their clothing meets the dress code.

Each student will be permitted two dress code violations per quarter. In-School suspension will be served for the third and fourth violations. Any violation past this point will result in a meeting with the secondary principal and/or the head of school, and could result in additional suspensions from school, or expulsion.

Changes to Dress Code for 2026: The following changes will be implemented for all 6-12 students. Shorts for girls must have an inseam of at least 5 inches. For boys, the inseam must be at least 7 inches. Girls are no longer allowed to wear "flowy" athletic shorts. Leggings/yoga pants/tight athletic pants must be fully covered by a shirt that is fingertip length. Lengths for rips in the jeans is now set at knee length or below. Pajama pants and hats are never to be worn unless they are part of a spirit day.

If the dress code is not followed more closely this year, it will become more restrictive. Students could lose the right to wear shorts, or jeans with holes/rips, and there is the possibility that uniforms could be required in the future.



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Boys are permitted to wear:

Pants, dress slacks, khakis, or jeans. They should be worn at the waist. Pants that are labeled “regular”, “loose fit”, “relaxed”, or “baggy” are acceptable styles. A belt must be worn if pants are loose and cannot stay at the waist without one. Jeans with holes may be worn, but any holes must be at or below the knee. Shorts for boys must have an inseam of at least 7 inches. Pajama pants and hats are not allowed to be worn unless they are part of a spirit day.

Shirts, collared shirts, dress shirts, polos, Henley button style, turtlenecks, t-shirts, sweatshirts, hoodies, or sweaters may be worn. If a student is wearing a hoodie, the hood may not be worn on the head during school hours. While writing and brand symbols can be worn, students are not allowed to wear shirts or tops with writing or symbols on them that are of a political or a divisive nature that would not be in keeping with the mission of PHCA and the unity found in Jesus Christ.

Anything considered distracting or divisive will not be allowed to be worn. Boys are not allowed to have any piercings.

Girls are permitted to wear:

Pants, dress slacks, khakis, or jeans may be worn. They should be worn at the waist. Pants that are labeled “regular”, “loose fit”, “relaxed”, or “baggy” are acceptable styles. Jeans with holes may be worn, but any holes must be at or below the knee. Leggings, yoga pants, and tight athletic pants may only be worn if the shirt over them is fingertip length. Skirts and dresses may be worn but they must be no shorter than 3 inches above the knee. No slits reaching the hip area will be allowed for dresses or skirts.

Shorts for girls must have an inseam of at least 5 inches. Girls are no longer allowed to wear “flowy” athletic shorts. Pajama pants and hats are not allowed to be worn unless they are part of a spirit day. Shirts, blouses, polos, turtlenecks, t-shirts, sweatshirts, hoodies, or sweaters may be worn. No crop tops or shirts that expose the midriff will be allowed. Girls may not wear shirts that fall off the shoulder, exposing a bare shoulder or bra strap. If a student is wearing a hoodie, the hood may not be worn on the head during school hours. While writing and brand symbols can be worn, students are not allowed to wear shirts or tops with writing or symbols on them that are of a political or a divisive nature that would not be in keeping with the mission of PHCA and the unity found in Jesus Christ.



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Moderation should be used with makeup and jewelry. Ear and nose piercings are allowed, but should be tasteful in appearance. The following are not allowed for boys or girls:

- ☐ Oversized clothing
- ☐ Tight fitting clothing
- ☐ Tank tops – even under a hoodie that can be unzipped
- ☐ Low-cut tops (no cleavage should be showing)
- ☐ Visible tattoos
- ☐ Undergarments should not be seen at any time
- ☐ Unnatural hair color
- ☐ House slippers (except on special designated days)
- ☐ Pajama Pants (except on special designated days)
- ☐ Hats (except on special designated days)

Special Designated Days/Events

Spirit Week: The normal dress code will be relaxed to allow clothing not normally allowed (pajama pants, hats, and slippers). Such exceptions will be clearly communicated and should never violate the overarching standard of modesty.

Special Events/Programs: For evening programs, graduation, etc., students may be asked to dress up. In that case, the coach or staff sponsor is responsible for communicating the correct dress code for each event. Girls should wear nice dresses or slacks, and dress shoes. Boys should wear nice slacks, dress shirts, and dress shoes.

Formal Wear (Homecoming, Prom, etc.): All dresses should not be shorter than 3 inches above the knee. No undergarments should be visible. Dresses should not be low-cut, have plunging necklines, or expose the waist. Violators will receive a shawl to wear for the event and have possible additional consequences. Because of the unique formal wear available for girls, the following guidelines are set:

- ☐ Slits in the dress may not reach the hip area
- ☐ No bare midriffs
- ☐ Strapless dresses are permitted
- ☐ The top of the dress must not show cleavage

Girls may bring photos of the dress before the event to assure compliance. Non-PHCA dates must abide by the same dress code. Please communicate these standards clearly to your date to avoid an embarrassing situation for them.

Plaza Heights Christian Academy reserves the right to advise and discipline any student about personal appearance that may be considered distracting or deemed inappropriate by the school administration.



PHCA DRESS CODE LOOK BOOK

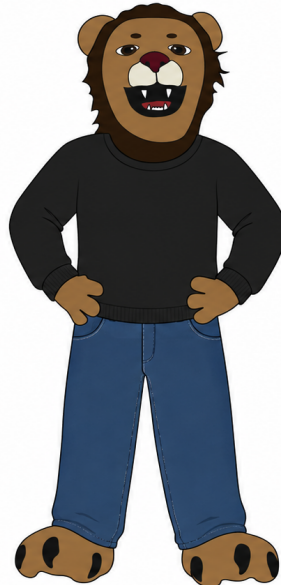
BOYS: WEAR THIS

Grades 6-12 | 2026-2027

START HERE: COMFORTABLE, MODEST & SCHOOL-READY



POLO + KHAKIS



SWEATSHIRT + JEANS



HENLEY + 7-IN. SHORTS

+ CHOOSE THESE BOTTOMS

Slacks, khakis, jeans, athletic pants, and shorts are allowed. All pants must be worn at the waist.

+ CHOOSE THESE TOPS

Polos, henleys, t-shirts, dress shirts, sweaters, sweatshirts, or hoodies.

+ CHECK THE DETAILS

Shorts: 7-in. inseam or longer.
Jean holes: knee or below.

RELAXED OR REGULAR FIT • UNDERGARMENTS COVERED • HOOD DOWN • POSITIVE, NON-DIVISIVE GRAPHICS

NOT THAT A quick check before leaving home

x Tank or tight top

x Holes above knee

x Hat / pajama pants

x Piercings

x Oversized fit

AUTHENTICALLY CHRISTIAN. ACADEMICALLY READY.

Spirit-day exceptions will be clearly communicated. Modesty standards still apply.



PHCA DRESS CODE LOOK BOOK

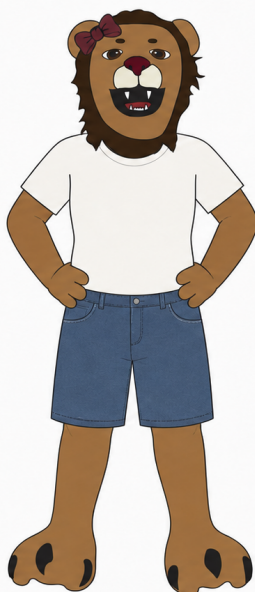
GIRLS: WEAR THIS

Grades 6-12 | 2026-2027

START HERE: COMFORTABLE, MODEST & SCHOOL-READY



BLOUSE + RELAXED PANTS



T-SHIRT + 5-IN. DENIM SHORTS



FINGERTIP TOP + LEGGINGS

+ CHOOSE THESE BOTTOMS

Slacks, khakis, jeans, athletic pants, and shorts are allowed. All pants must be worn at the waist.

+ CHOOSE THESE TOPS

Blouses, polos, T-shirts, sweaters, sweatshirts or hoodies.

+ CHECK THE DETAILS

Shorts must have a 5" inseam.
Skirts/dresses: within 3 in. of knee.
Leggings: fingertip-length top.

RELAXED OR REGULAR FIT • UNDERGARMENTS COVERED • HOOD DOWN • POSITIVE, NON-DIVISIVE GRAPHICS

NOT THAT A quick check before leaving home

✗ Crop / low-cut top

✗ Flowy athletic shorts

✗ Short top + leggings

✗ Bare shoulder

✗ Hat / pajama pants

AUTHENTICALLY CHRISTIAN. ACADEMICALLY READY.

Spirit-day exceptions will be clearly communicated. Modesty standards still apply.